

Hand and Finger Measurements

All lengths should be measured from the palmar side.

1. All measurements should be in mm.
2. Palmar measurements should be taken with hand in a relaxed position, like hanging at their side, not hyperextended or flat.
3. Fingers should be flexed in relaxed position, not hyperextended or flat.
4. If applicable (for hand or BE or AE Passive) indicate whether wrist is oval or round.

L = Length

C = Circumference

W = Width

Length Measurements:

Between DIP & PIP
Between PIP & MCP
Web to end of finger
Styloid to MCP of middle finger
Width of Wrist
Width of Palm below MCP joints
From Wrist to MCP on Little Finger
From Wrist to MCP on Middle Finger
From Wrist to MCP on Index Finger
From web to end of Thumb

Circumference Measurements:

Between Tip and DIP
Between DIP & PIP
Between PIP & MCP
At MCP
Circumference of Wrist
Circumference of Palm